**My Mentoring Network**

After completing an Individual Development Plan, use this worksheet to identify existing and potential mentors to provide you guidance on your developmental needs and support your goals:

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| **Developmental Need**  | **Within My Division/Department** | **Outside My Division/Department but in GW** | **Outside of GW** |
| Clarifying academic and professional goals |  |  |  |
| Developing a teaching portfolio |  |  |  |
| Developing a research agenda/focus |  |  |  |
| Establishing research collaborations |  |  |  |
| Selecting service opportunities |  |  |  |
| Building a professional network |  |  |  |
| Learning how to mentor others (e.g., students, research team) |  |  |  |
| Responding to feedback (teaching, patient care, leadership) |  |  |  |
| Understanding the academic promotion process |  |  |  |
| Finding work-life balance |  |  |  |
| Handling workplace politics |  |  |  |
| Managing expectations  |  |  |  |
| Fostering professional development and improvement as an educator |  |  |  |
| Fostering professional development and improvement as a researcher |  |  |  |
| Fostering professional development and improvement as a clinician |  |  |  |
| Fostering professional development and improvement as a leader |  |  |  |
| Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |  |  |